



North East and  
North Cumbria

# Gateshead Autism Hubs

A service supporting families across Gateshead.

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**DAISY  
CHAIN**  
Autism & Neurodiversity

Gateshead  
**FAMILY  
HUBS**



**Gateshead  
Council**



Gateshead Autism Hubs offers parents and carers of autistic children and young people (0-25 years) information, advice and support on a range of challenges that can impact autistic young people and their families.

**Free to access**

**Diagnosis not required for support**

The experienced team offers drop-in sessions, learning opportunities, peer support and signposting across Gateshead.

This information is available in other languages on request.

# What are Autism Hubs?

Gateshead Autism Hubs offer parents and carers of autistic children and young people (0-25 years) information, advice and support on a range of challenges that can impact autistic young people and their families. The Hubs provide multi-agency drop-in sessions, parent support groups, and training for parents, carers, and professionals.

The Hubs can also offer information and signposting on related co-occurring conditions, such as: FASD, ADHD, Sensory Differences, Social and Communication Differences, Mental Health, and Learning Disabilities. Gateshead Autism Hubs are free to access for parents and carers. An autism diagnosis is not required to access support.

## What can I expect?

Once we receive your referral, a member of our admin team will be in touch to register you. They will provide you with all the information about aspects of the service you can access, including drop in sessions available across Gateshead. You can view information for all drop-in sessions at <https://www.daisychainproject.co.uk/gateshead-autism-hubs/>

We always enjoy meeting parents/carers. Attendees of our drop ins often feedback that it's a great place to feel heard and supported by other parents/carers who understand. A member of the Gateshead Autism Hubs team will always be there to lead the session.

## Types of support on offer

We provide a range of parent / carer support sessions including multi-agency drop-ins, peer support groups and learning opportunities across Gateshead.

View all information, including multi-agency drop-in locations and times, at:

<https://www.daisychainproject.co.uk/gateshead-multi-agency-drop-ins/>

Find out more about upcoming parent support groups near you:  
<https://www.daisychainproject.co.uk/gateshead-parent-support-groups/>

Join the Gateshead Autism Hubs Facebook group:  
[www.facebook.com/groups/gatesheadautismhubs/](http://www.facebook.com/groups/gatesheadautismhubs/)

Find out about learning opportunities and book sessions visit:  
<https://www.daisychainproject.co.uk/gateshead-autism-hubs/>

## Getting in touch

- **Self referral:** Parents/carers can contact the team directly via email, attending a drop in or filling in the form on our website.

<https://www.daisychainproject.co.uk/contact-gateshead-autism-hubs/>  
[gatesheadautismhubs@daisychainproject.co.uk](mailto:gatesheadautismhubs@daisychainproject.co.uk)  
01642 531248

- **Professional referral:** Any service or professional working with a family can refer by emailing [gatesheadautismhubs@daisychainproject.co.uk](mailto:gatesheadautismhubs@daisychainproject.co.uk).

If you'd rather not contact us directly you can ask school, your health visitor or any other professionals involved in your family's care to share your details with us, then we will contact you.

<https://www.daisychainproject.co.uk/gateshead-autism-hubs/>

